

2013-14 Outcomes Report

Hathaway-Sycamores Child and Family Services



Report by: Evaluation and Research Department

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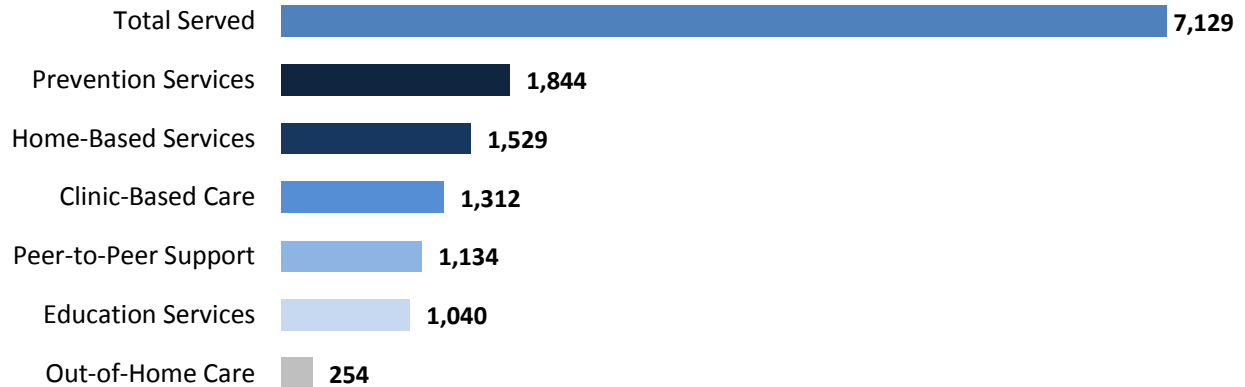
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Census and Demographics

2013-14 Total Served by Program

RBS Community	25
Transitional Living	36
Workability	40
Foster Care & Adoption	66
Non-Public School	69
Behavioral Health Legal Partnership	70
Residential Services	70
Co-Occurring Services	77
Residential Mental Health Services	78
TAY Mental Health	80
Field Capable Clinical Services	109
Family Resource Center-Mental Health	225
Therapeutic Behavioral Services	244
In Home Family Services	281
Outpatient	321
Family Resource Center-Outreach	330
Connections Wraparound	331
Family Resource Center-Family & Youth Activity Programs	347
Multidisciplinary Assessment Team	383
Full Service Partnership	423
Center for Grief and Loss	489
Psychiatric and Psychological Services	930
School-Based Mental Health	971
Parent Partners	1,134
All Programs	7,129

Youth and Families Served in 2013-14



Each year, Hathaway-Sycamores Child and Family Services impacts the lives of thousands of children and families by providing a comprehensive continuum of care through intensive, evidence-based mental health services.

ETHNICITY:

- African American: 15%
- Hispanic: 67%
- Caucasian: 9%
- Asian: 3%
- Other: 6%

GENDER: Male: 60% Female: 40%

AGE:

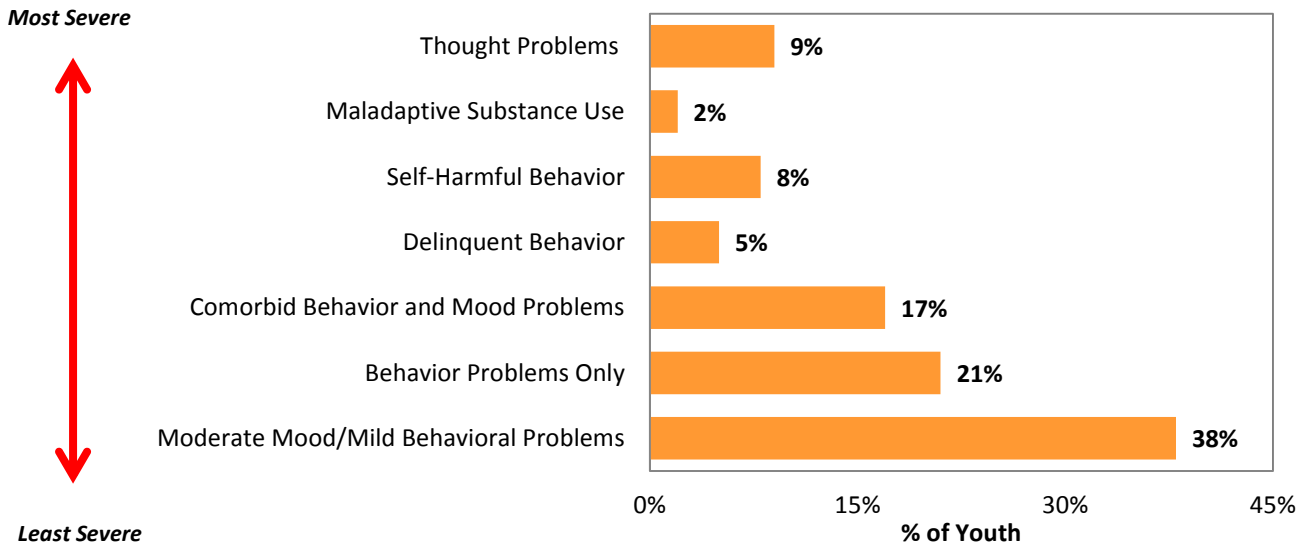
0-10 years: 41%	11-14 years: 29%
15-18 years: 27%	19+ years: 3%

DIAGNOSIS TYPE:

- 30% Mood Disorders
- 22% Other Diagnosis
- 15% Disruptive Behavior
- 16% Attention Deficit Hyperactivity Disorder
- 5% Adjustment Disorder
- 6% Anxiety Disorders
- 5% Posttraumatic Stress Disorder
- 1% Psychotic Disorders

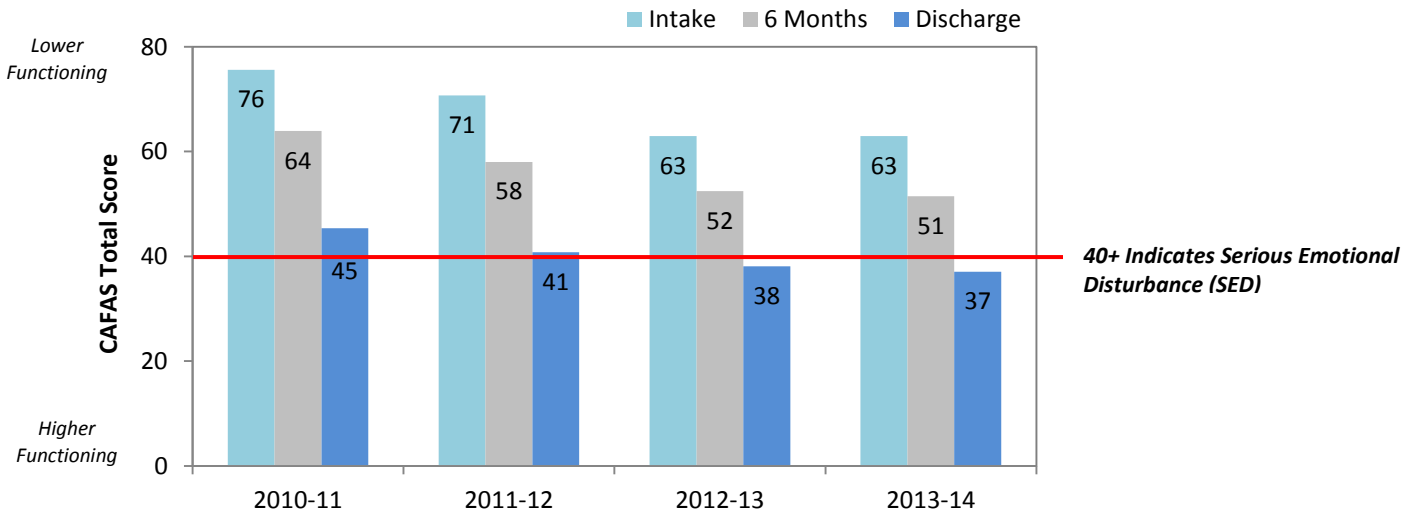
Youth Well-being: Child and Adolescent Functioning Assessment Scale (CAFAS)

CAFAS Youth Types at Intake



Youth served at Hathaway-Sycamores experienced difficulties ranging from mild mood and behavior problems to severe thought disorders at admission, as indicated on the CAFAS.

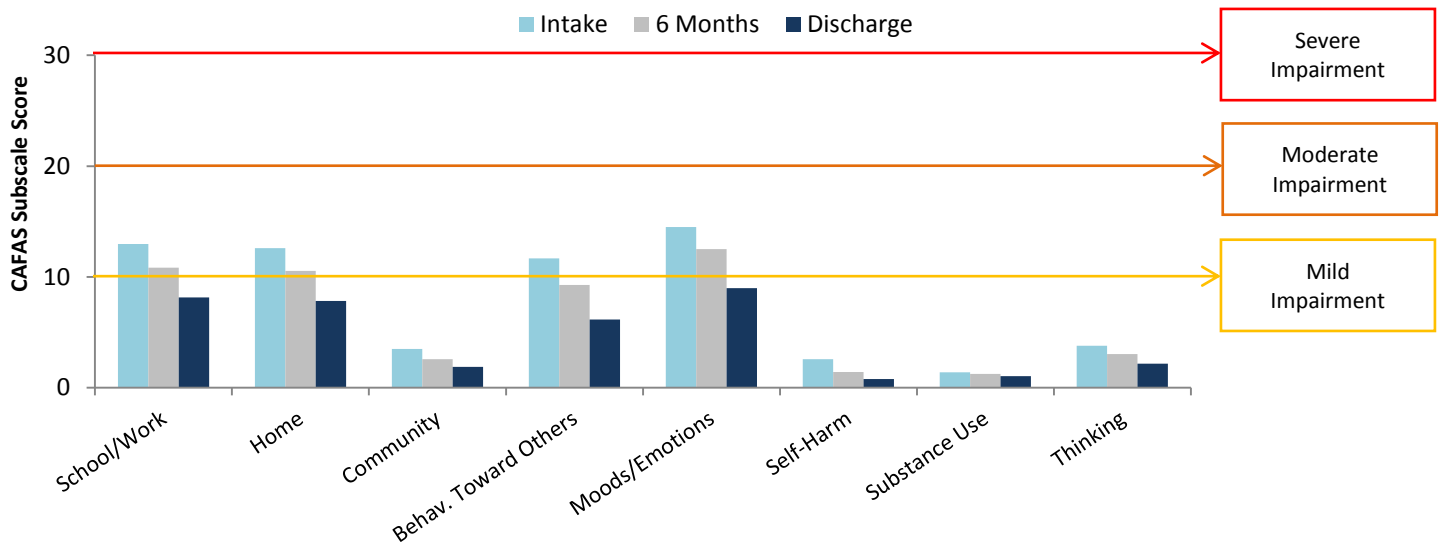
Cultivating Hope for the Future



In 2013-14, youth showed significant improvement and evidence of effectively incorporated effective coping skills, as measured by the lowers scores on the Child and Adolescent Functional Assessment Scale (CAFAS).

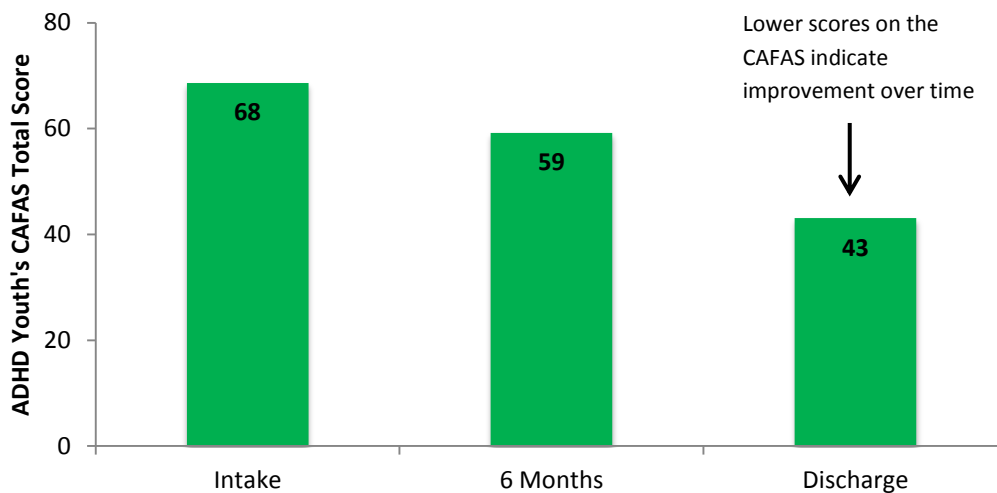
Overall Agency:

Building Resiliency



In 2013-14, through the intensive support from Hathaway-Sycamores' mental health services, youth showed the substantial improvement in the areas of school/work, home life, their behavior towards others, and managing emotions, as indicated on the CAFAS.

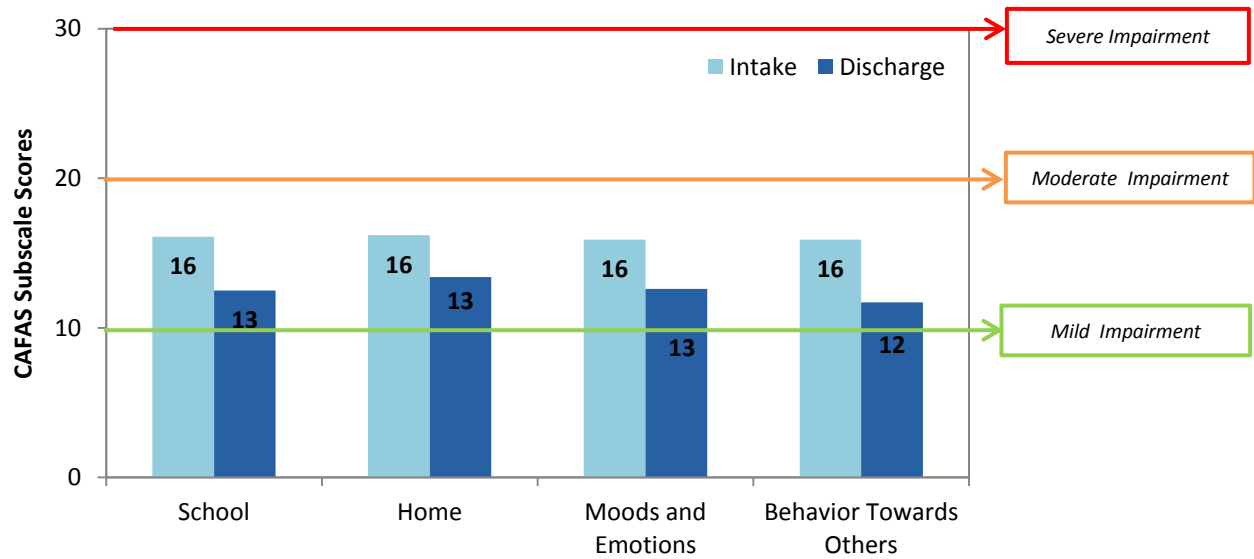
Helping Youth with ADHD to Thrive



Through effective mental health interventions, youth with Attention-Deficit/Hyperactivity Disorder (ADHD) were able to substantially decrease their disruptive behaviors and improve their attention skills. With approximately 6.4 million children 4-17 years of age diagnosed with ADHD in 2011, Hathaway-Sycamores strives to help these youth manage their ADHD and be successful in life.

Wraparound:

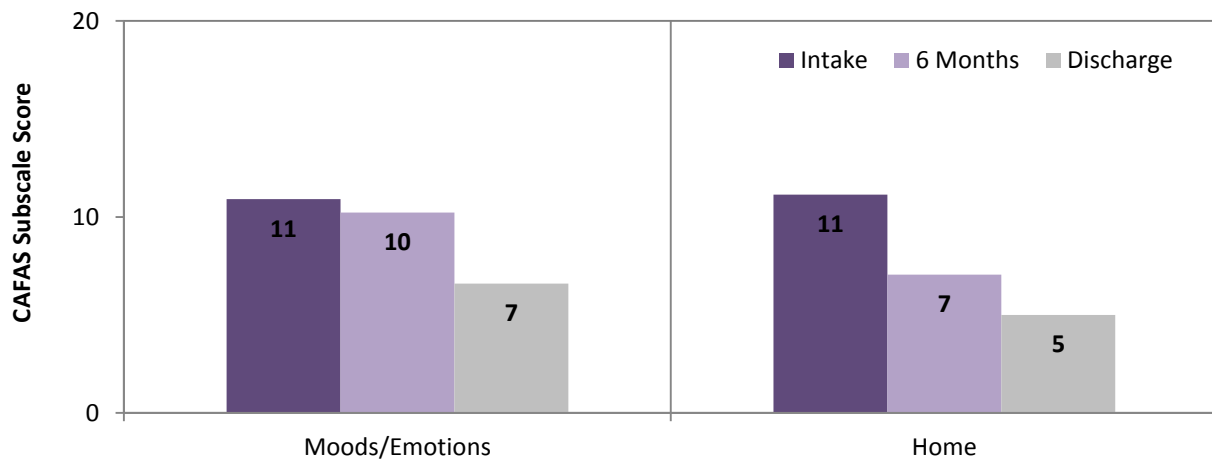
Strengthening Emotional Well-Being



Effective treatments are consistently helping youth be more successful in multiple areas of life, as shown by a decrease in CAFAS scores across domains.

Family Resource Center:

Stabilizing Children's Emotions

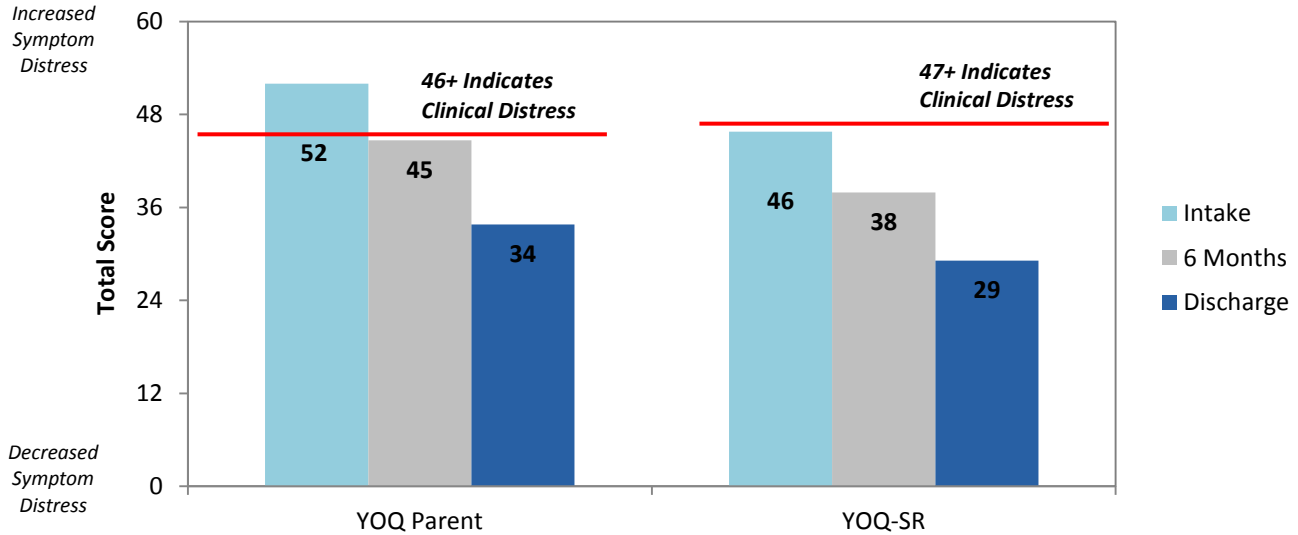


The Family Resource Center played an integral role in improving youth well-being in areas such as mood and emotional regulation and behaviors at home.

Symptom Reduction: Youth Outcome Questionnaire (YOQ)

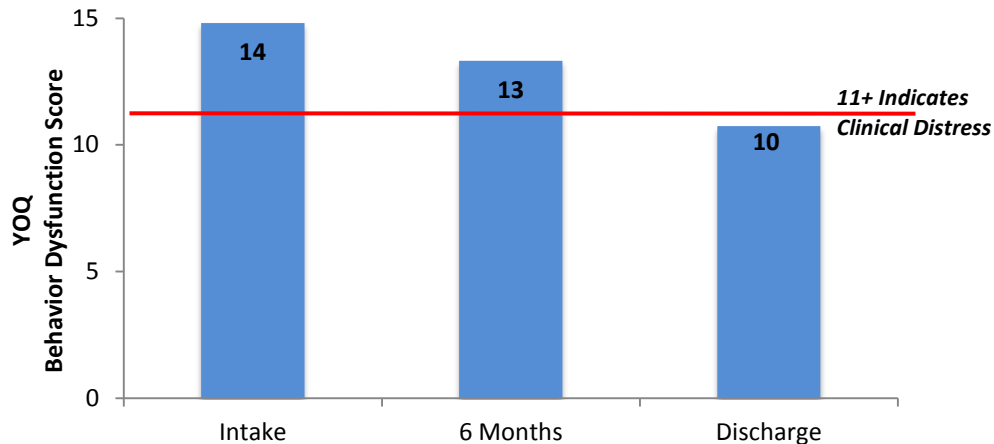
Overall Agency:

A Path to Emotional Stability



In 2013-14, Hathaway-Sycamores youth showed significant improvement with symptoms associated with emotional distress, with youth well below a clinical level by discharge.

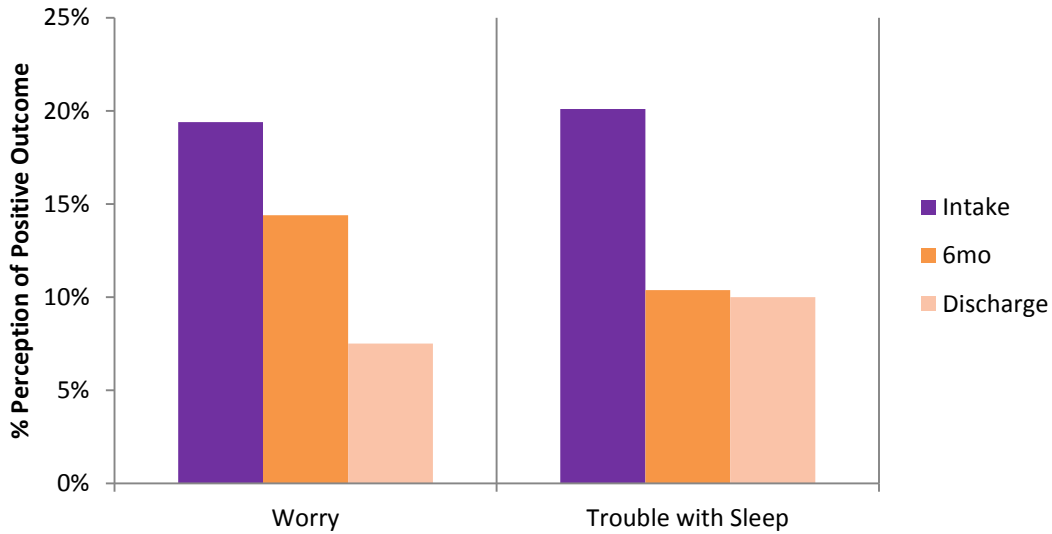
Helping Youth Develop Effective Coping Skills



Lower scores on the Youth Outcome Questionnaire (YOQ) Behavior Dysfunction Scale helped youth manage their impulsive behavior and better handle frustration.

Overall Agency:

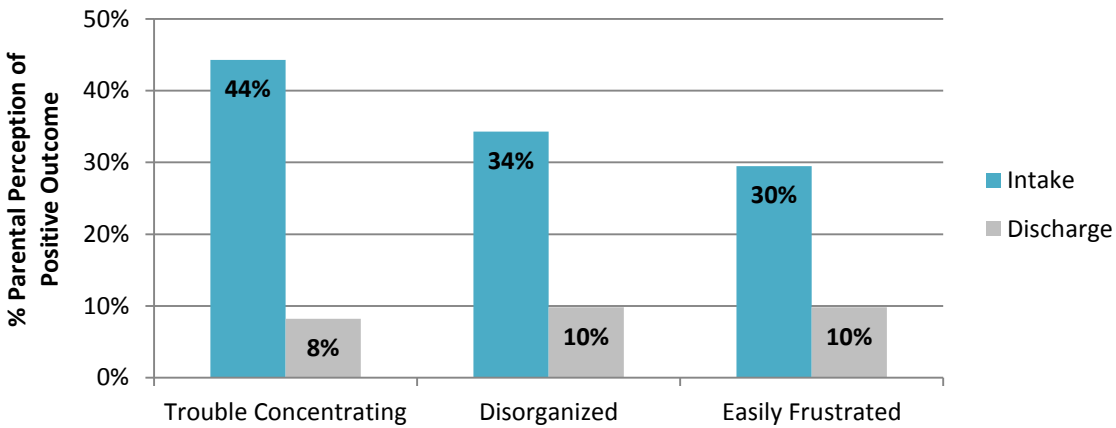
More Youth are Feeling Safe



Youth reported fewer difficulties with sleep and worry over time while receiving services at Hathaway-Sycamores.

School-Based Services:

Developing Tools for Healthy Coping

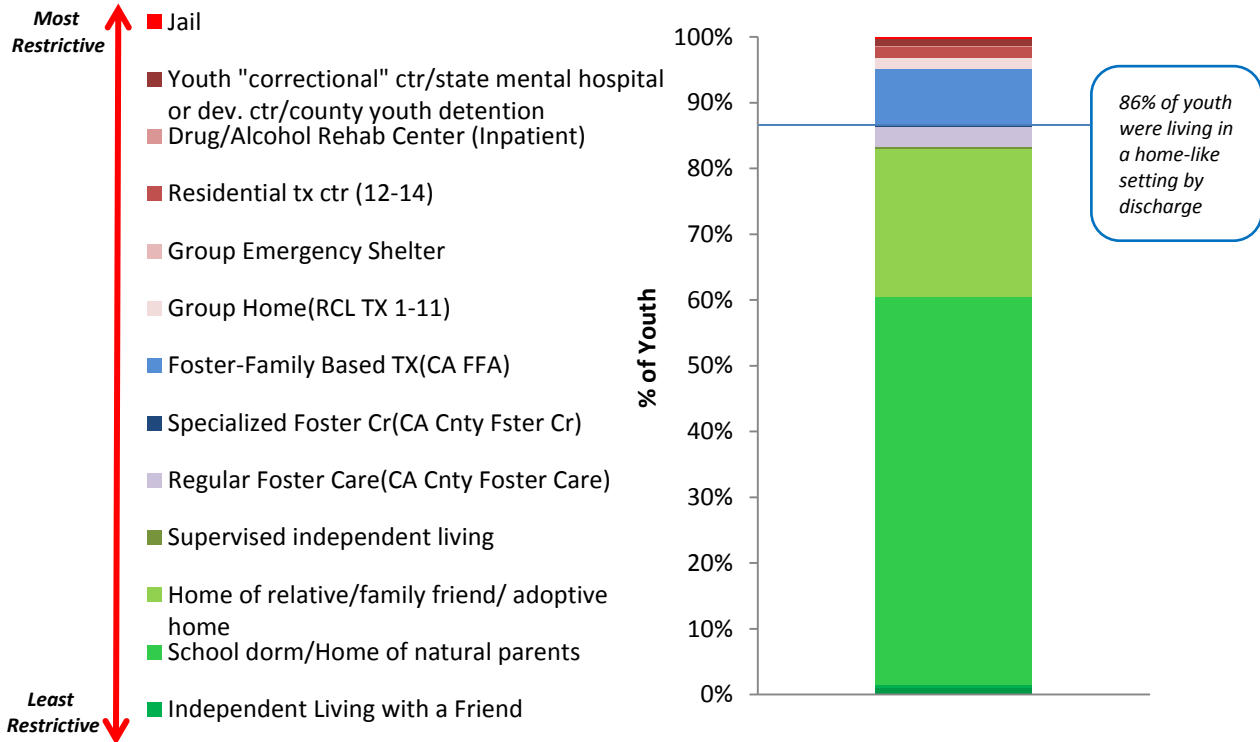


In 2013-14, youth in School Based Services showed vast improvement in positive coping in terms of their abilities to concentrate, stay organized, and deal with frustration.

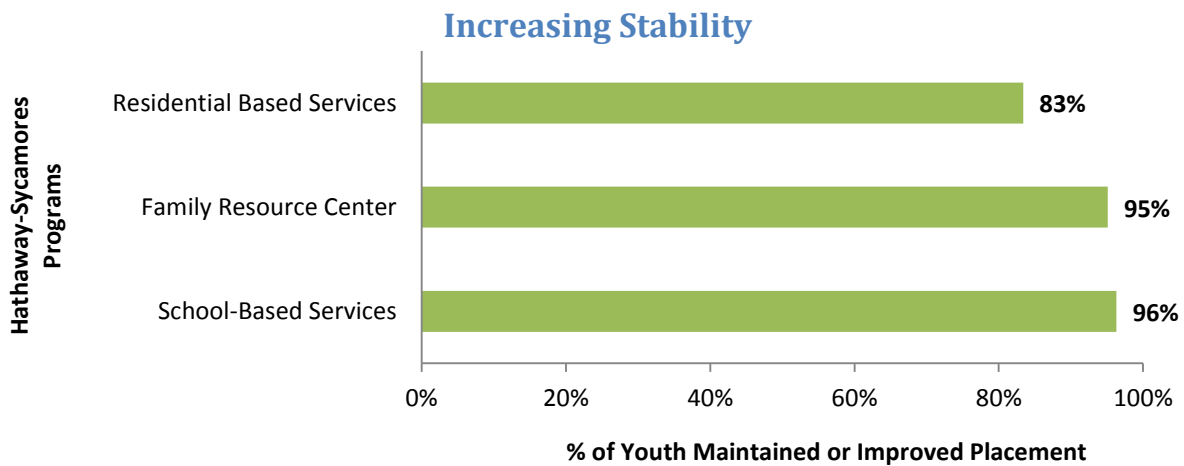
Level of Care: Restrictiveness of Living Environment Scale (ROLES)

Overall Agency:

Heading Home



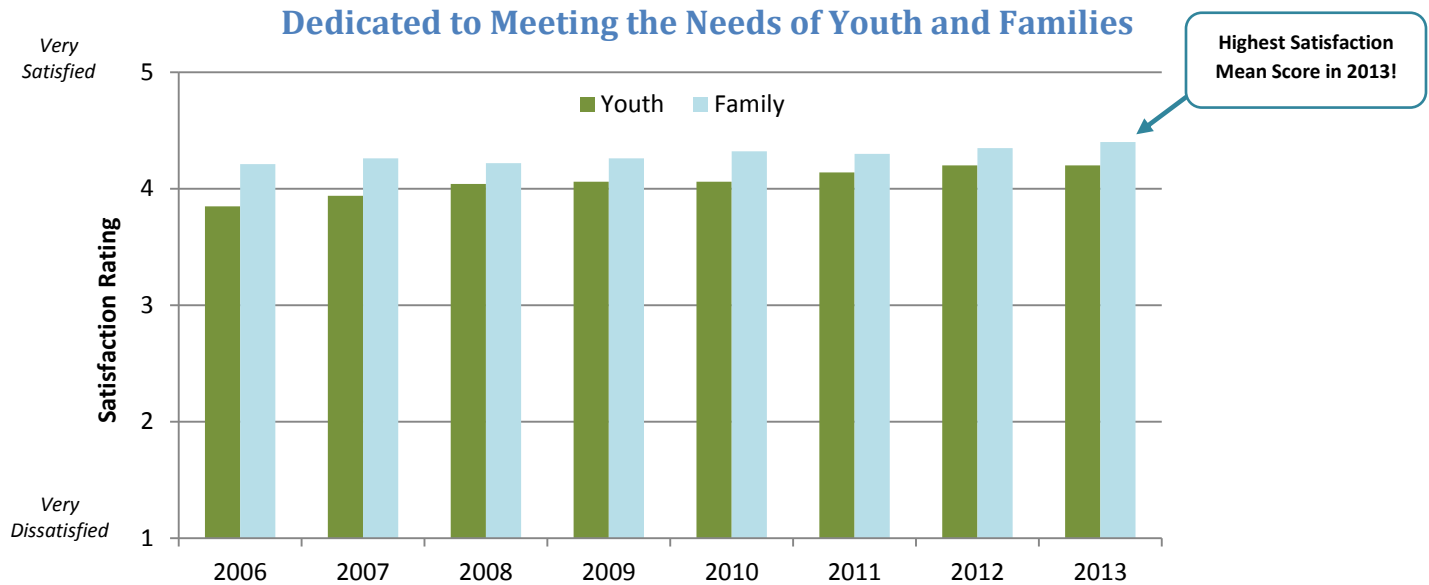
This year, Hathaway-Sycamores helped ensure that over 7,000 youth had a permanent, home-like place in which to live and thrive.



Within several Hathaway-Sycamores programs, there was a high percentage of youth who maintained or improved their placement in home-like settings at discharge.

Commitment to Strong Partnerships

Overall Agency:



Satisfaction among the youth and families served by Hathaway-Sycamores has remained consistently high over the past 8 years.

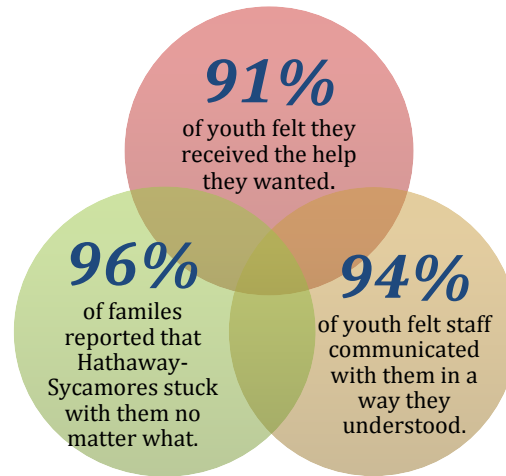
Listening for Family Voice and Choice & Facilitating Access to Service



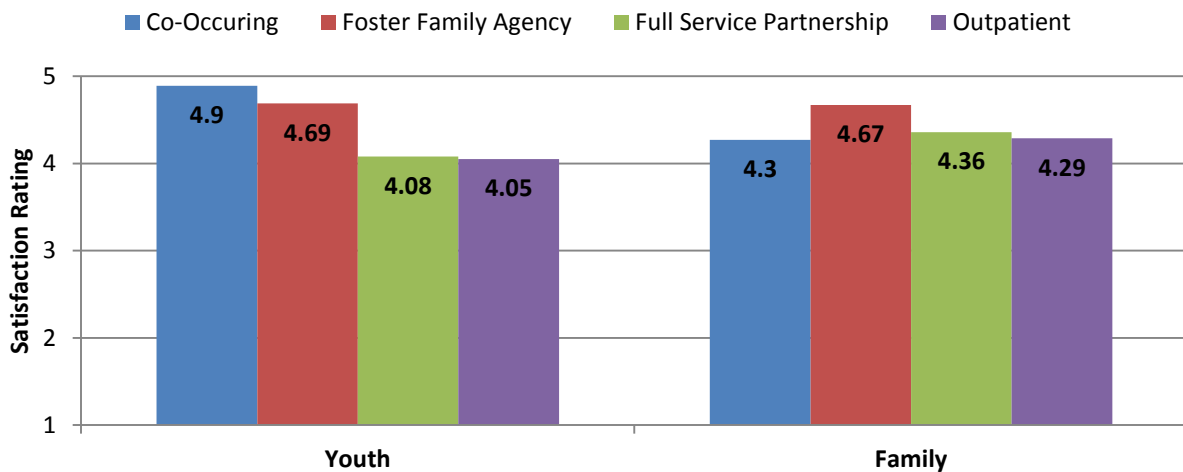
As part of Hathaway-Sycamores' commitment to providing exceptional, a high importance is placed on hearing the voices and opinions of the youth and families receiving services.

Overall Agency:

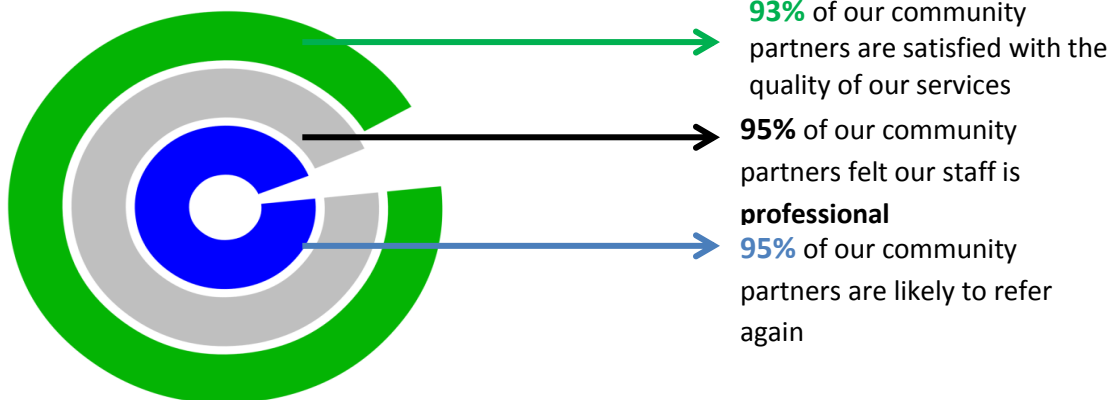
Dedication to Healing for the Families We Serve



Maintaining Satisfaction with our Programs



Fostering Community Relationships

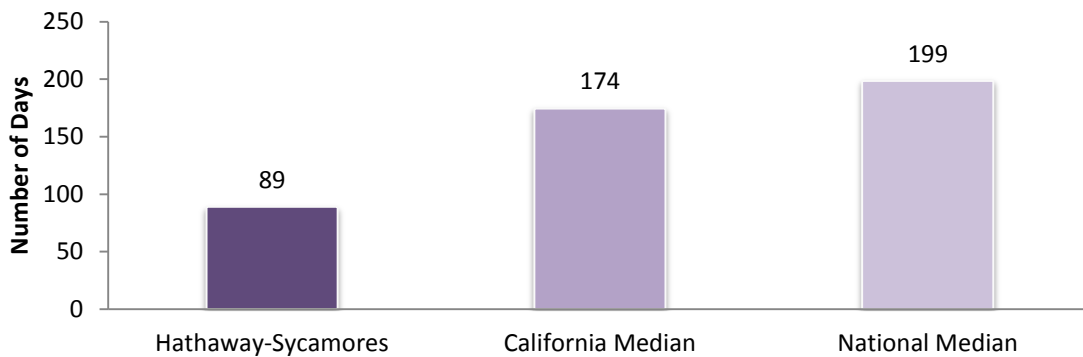


Benchmarking

Alliance Benchmarking: This survey is completed by similar types of providers across California and nationally. The survey provides benchmarking comparisons to evaluate agency performance and effectiveness.

Foster Family Agency:

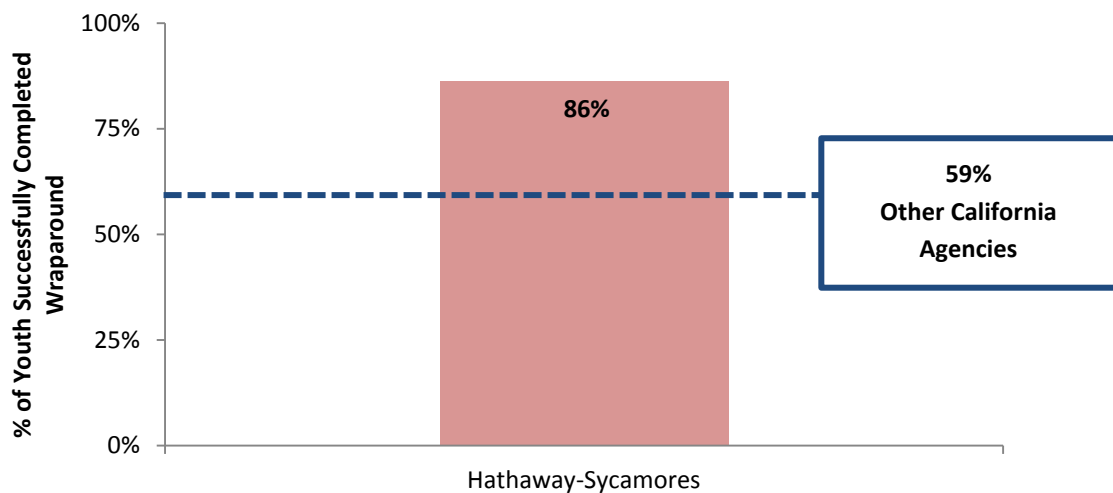
Youth in Foster Care Move to Reunification Faster



Hathaway-Sycamores helped FFA youth reunite with a relative or legal guardian sooner than other agencies across California.

Wraparound:

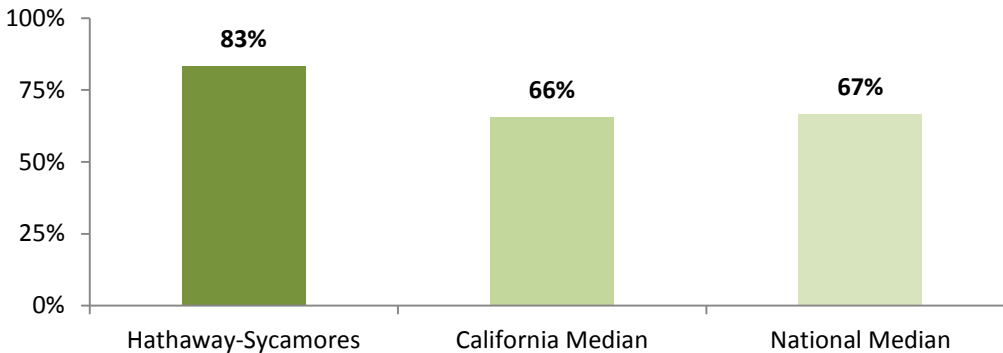
Strengthening Families



Youth who received Hathaway-Sycamores' Wraparound services completed the program at a higher rate compared to other agencies in California, scoring in the 86th percentile.

Residential Services:

Lowering Intensity of Services

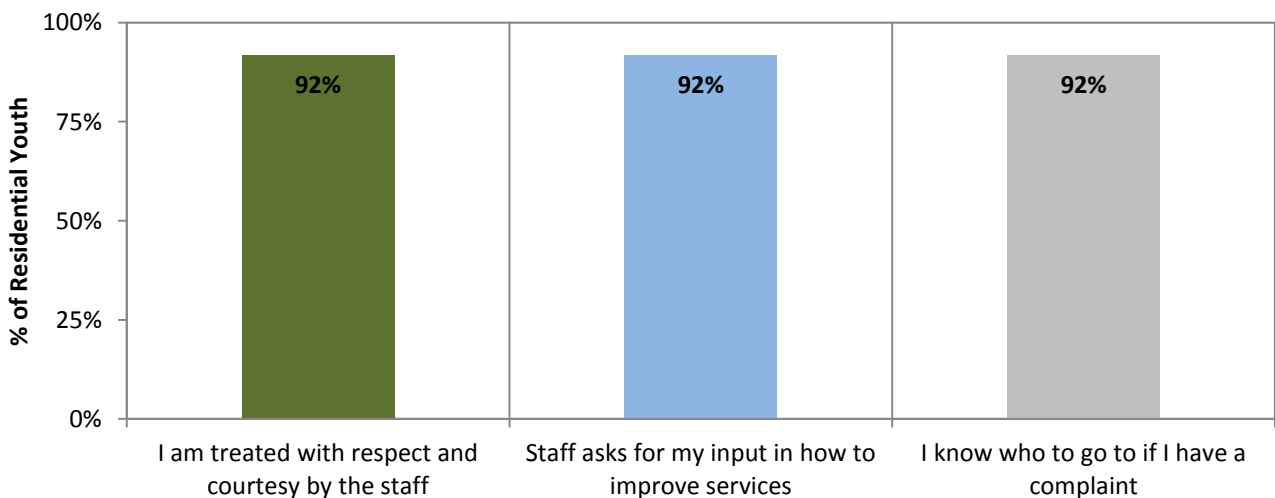


In 2013-14, Hathaway-Sycamores helped youth discharge to a less intensive level of care at a higher rate than other agencies throughout California and nation-wide.

California Benchmarking Initiative: This survey is completed by similar types of providers across California only and provides benchmarking comparisons to evaluate the performance and effectiveness of our residential services.

Residentially Based Services:

Empowering Youth in Residential Care

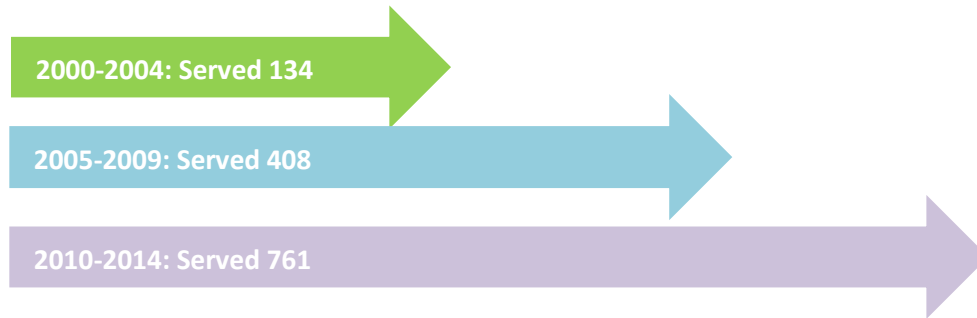


Youth in Hathaway Sycamores' residential program reported an overall high degree of satisfaction with the care they received from staff.

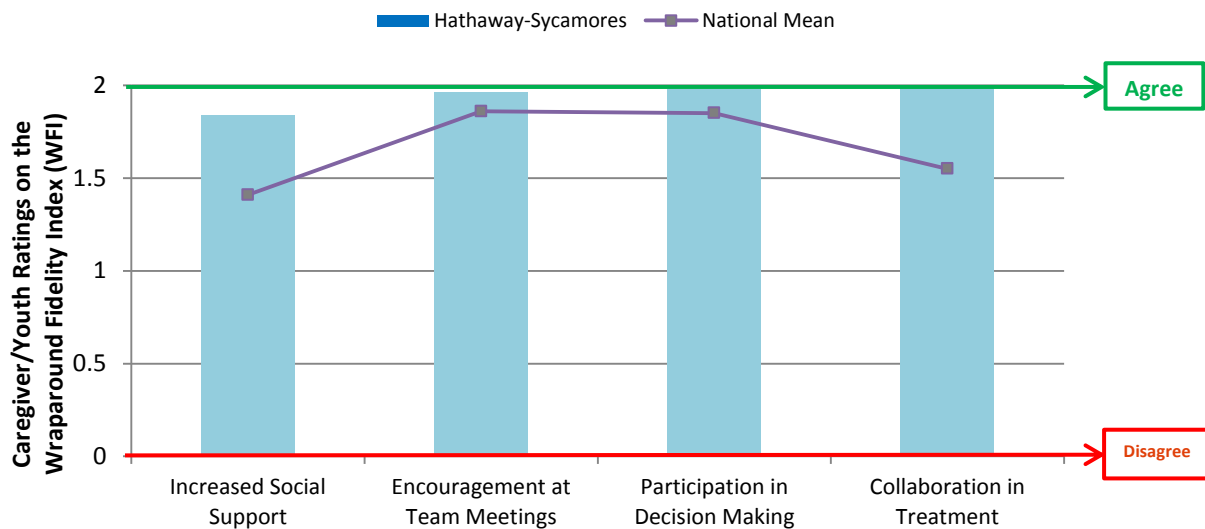
Program Specific Findings

Wraparound:

Youth and Families We Reached in Wraparound



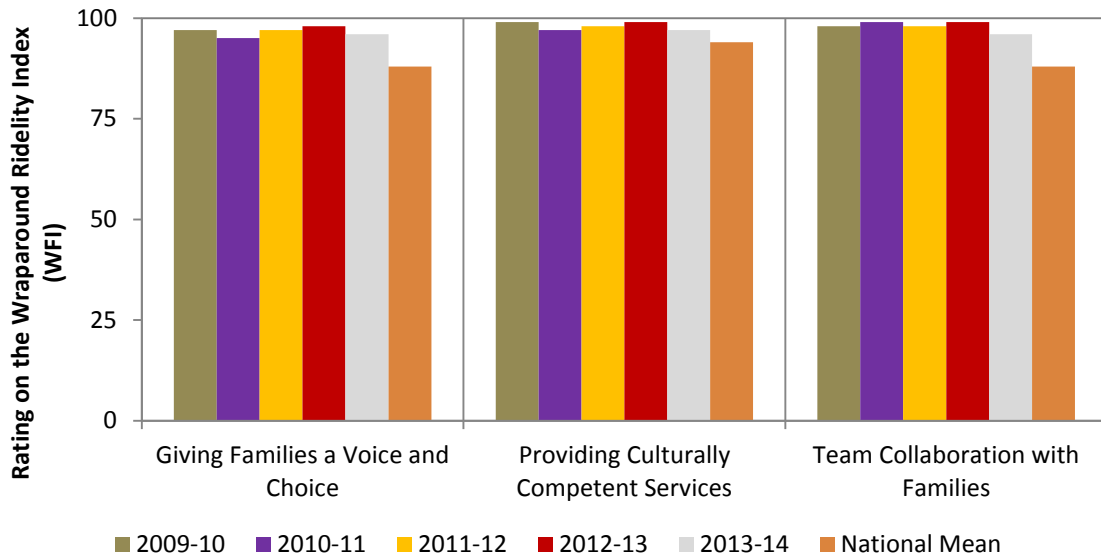
Encouraging Families to Engage in Service



Hathaway-Sycamores' Wraparound program is more effective than other agencies across the nation in providing quality treatment that ensures families' opinions and needs are heard throughout care, as captured on the Wraparound Fidelity Index (WFI).

Wraparound:

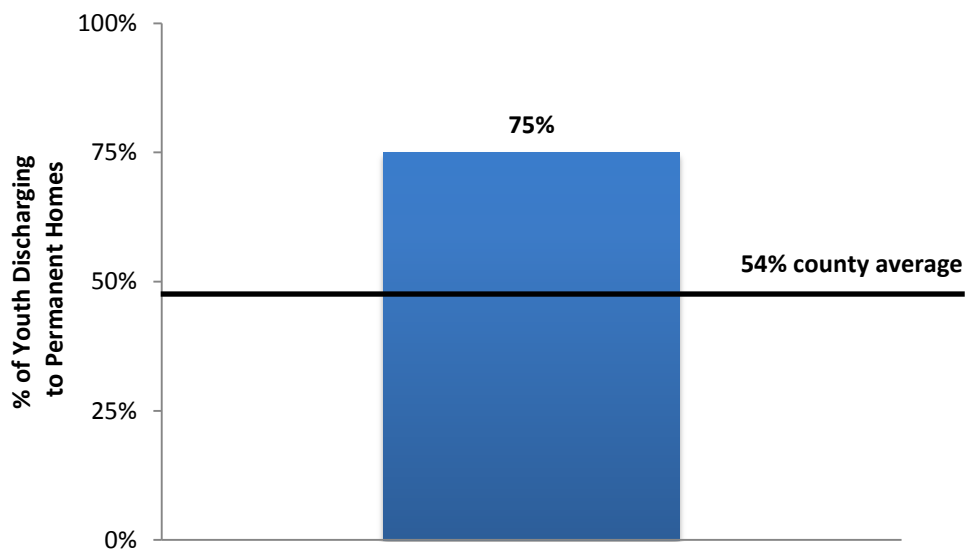
Collaborating with Youth and Families



Over the years, ratings on the Wraparound Fidelity Index (WFI) have shown that the Hathaway-Sycamores Wraparound program provides a supportive environment for youth and families.

Transitional Independent Living Program:

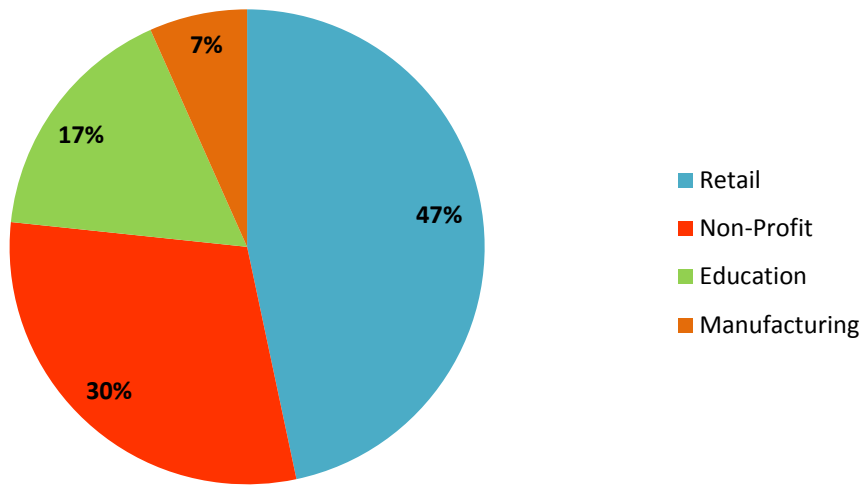
Empowering Young Adults to Build Stable Lives



Young adults in Hathaway-Sycamores' Transitional Independent Living Program discharged to a permanent home-like setting at a higher rate than other agencies in LA County (LAHSA, 2011-12).

Transitional Independent Living Program:

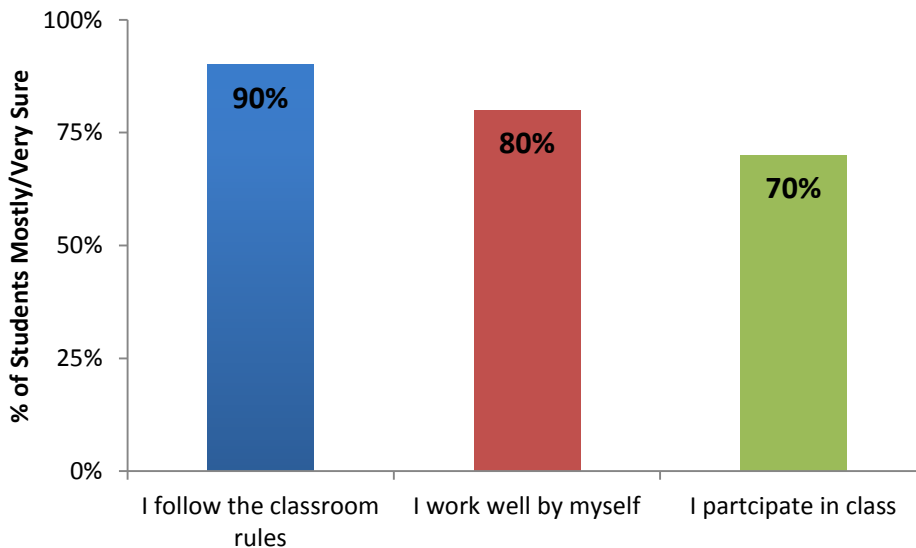
Preparing Young Adults for the Workforce



The Transitional Living Program helped 30 youth acquire paid internships through the Vocational Internship Program.

Glendale High School South (SELPA):

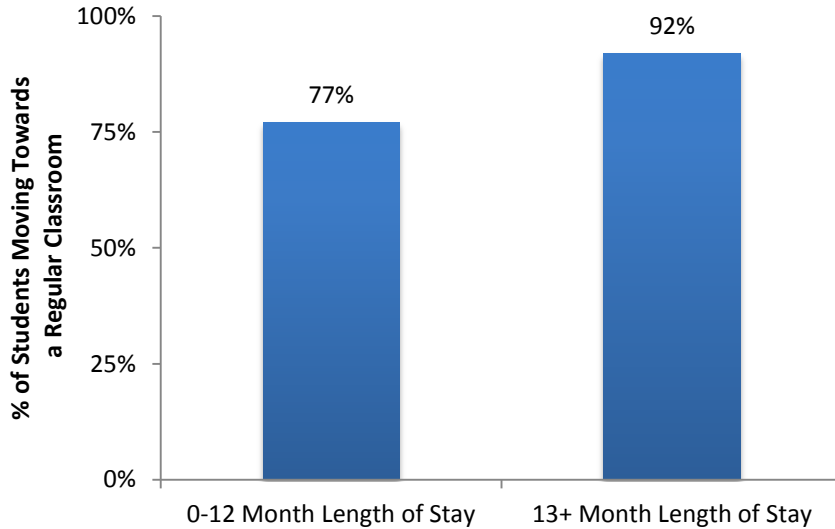
Demonstrating Positive Student Behaviors



Through the specialized academic, behavioral, and psychological support provided by the SELPA program at Glendale High School program, students reported high levels of school engagement, autonomy in class, and following school rules.

El Nido Nonpublic School:

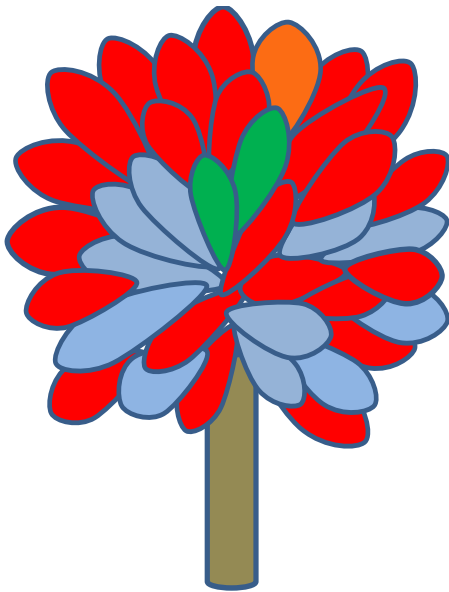
Working with Students to Meet Shared Goals



Students who receive services in our non-public school are more successful at mainstreaming into regular school classrooms the longer they remain in the program.

Residentially Based Services:

Helping Youth Find Families

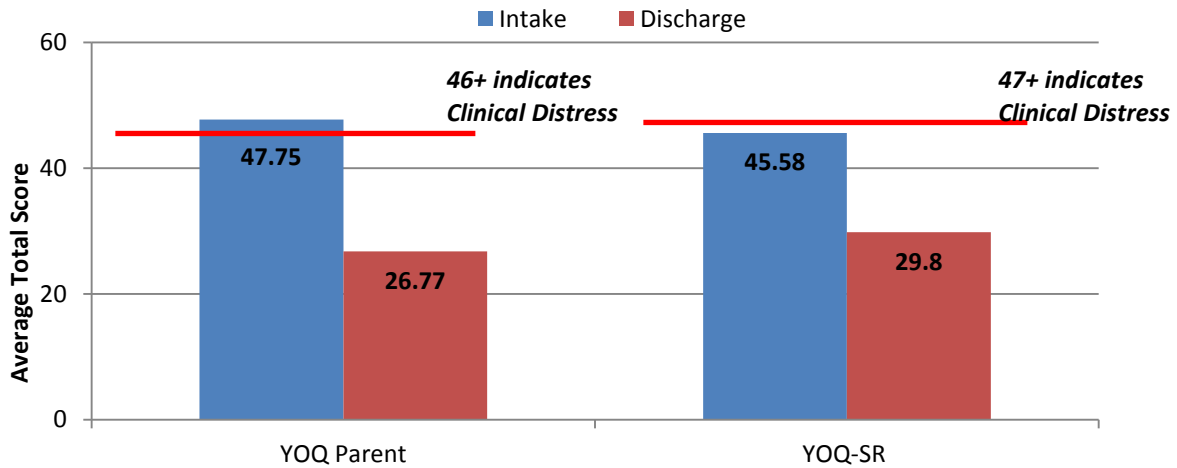


With the help of Family Finding, in the last 6 months there have been:

- 2 Contacts Youth aware of but not yet connected
- 1 Identified through Searches
- 11 in Contact with Family Finding Staff
- 28 Connected to Youth with Family Finding Staff help

Intensive Evidence-Based Mental Health Services

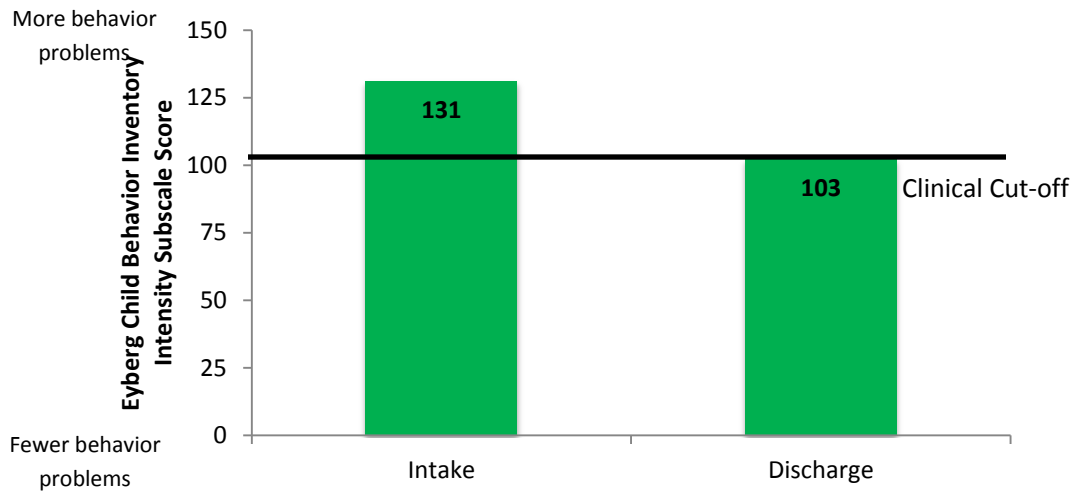
Targeted Evidence-Based Practices



Intensive evidence-based mental health treatment resulted in a significant reduction in youth emotional distress and behavioral problems, as demonstrated by the Youth Outcome Questionnaire (YOQ).

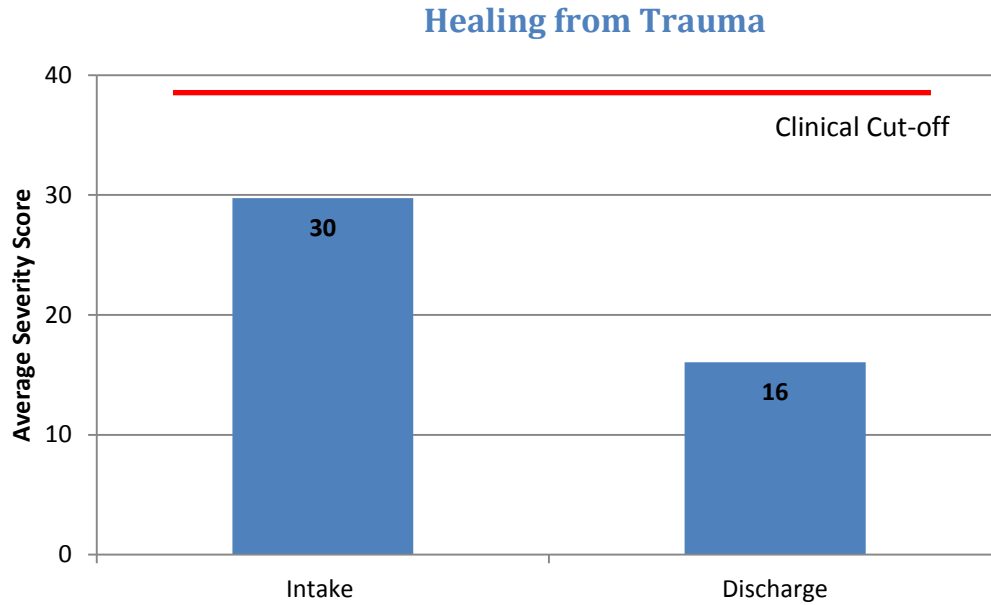
Eyberg Child Behavior Inventory (ECBI):

Reducing Barriers to Success



Youth receiving evidence-based therapy experienced fewer behavior difficulties at discharge, as indicated by lower scores on the Eyberg Child Behavior Inventory (ECBI).

UCLA Post Traumatic Stress Disorder-Reaction Index (PTSD-RI):



After participating in evidence-based therapy provided by Hathaway-Sycamores, youth reported less severe trauma-related symptoms, as measured by the UCLA Post Traumatic Stress Disorder- Reaction Index (PTSD-RI).

Quotes from Families and Community Partners

Youth and Families

Youth:

"I could talk to my dad a lot better and I'm actually able to focus more in school."

"I understand myself better and I can deal with relationships and the loss of them better."

"The most helpful thing is talking about our problems and letting out what we have been holding in."

"My services over the last six months have motivated me to be the best I can be and that I am capable of being."

"I enjoy and feel comfortable the times I spend with the staff. I feel like my life feels better to cope with."

"The helpful, well most helpful thing about the services I received was communication from my CFS. I feel I have somebody I can finally relate to and open up to."

"The most helpful thing about the services was being able to talk about my stepdad's death without it bothering me and kind of getting over my fear of being home alone and going in my old house."

Family:

"The team always is here for us when we have questions or need support. They are always helping us find outside resources for the family."

"My son has improved a lot in school. He is more focused in class and his grades have improved. His self-esteem has improved and his level of frustration has notably decreased."

"Both of our therapists are so great to work with. I don't have any negative thing to say. We feel blessed having them and Hathaway-Sycamores part of our lives. Thanks."

"Thank you to our therapist who has helped us in the process of losing my husband especially with my daughter. You have given her security and confidence to talk. Because of this she is much better. We need more therapists like ours."

"I enjoyed having a conversation with my child's therapist about my child's behavior. She was always very good at listening and giving me positive feedback as well as using and giving me the tools necessary to help my child cope with his behaviors."

Adult:

"The staff here is great. They are very understanding and the environment they create is a very safe and warm environment. Very few people have the patience to do what they do. Truly great people."

"Best services that I can get. Very helpful with a lot of the things that puts me in a better position. Thank you for everything."

Community Partners

Community Partners:

“Hathaway-Sycamores is outstanding!!! The on-site team is exemplary! They are thorough, work well with families and are part of the school community. The only improvement would be the number of personnel. We have so many students that could benefit from their services. They do an amazing job, and any additional therapists + youth specialists would be invaluable.”

“Staff is committed to help students and families. I have seen results with some (most) students. I've always feel I can go to Sycamores staff for help.”

“The therapists are very well trained. The team is always available for consult. They work with the school closely. They have a wonderful relationship with the students, parents, and staff. They support crises as well as long term care. They have become a positive part of the school community. They are professional and approachable. I'm particularly appreciative of the TBS model, and how it's helped our students. Often the Hathaway-Sycamores team is the only support families have. They're amazing at what they do.”

“Accessibility; staff are readily available and always willing to help others. They have a wonderful rapport with students and staff. They collaborate well with other staff members and provide relevant, appropriate feedback and suggestions.”

“The on-campus services are extremely beneficial to our students. It is great to have both counselors available on a daily basis.”

“Their professionalism and timing. They always got back to me in a timely manner and answered any questions I had.”

“The staff were approachable, insightful, professional, empathetic & honest. They worked great with my client & were very patient in building rapport, trust & consistency.”